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# IBSA Sailing Instructions

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# 1991

## IBSA European Boardsailing Championships

# Puck / Poland

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## 1. RULES

The regatta will be governed by:

1.1 The current IYRU racing rules (IYRR 1989-1992) including appendix 1, 2, 3, 5 and 14 and current alterations.

1.2 The IBSA championship rules.

1.3 The rules of the Olympic LECHNER A 390 and International Raceboard classes, except as any of these are altered by these sailing instructions.

1.4 The Notice of race.

1.5 These Sailing Instructions (S.I.) and the Appendix (including prescriptions required by the National Authority if any).

1.6 The regatta is classified as a "Category B event".

## 2. CONDITIONS OF ENTRY

2.1 Eligibility:

IYRR 21 is hereby modified. Each competitor shall be:

a) A personal member of their National Sailing Association, or

b) A member of a Sailing Club affiliated to its National Sailing Association.

c) Additionally a member of their National Class Association if there is any.

2.2 Entry:

To be eligible to race, each competitor shall:

a) pay the required entry fee,

b) sign a waiver of liability and possession of third party insurance at the race office.

2.3 General:

2.3.1 The safety of a sailboard and her entire management including insurance shall be the sole responsibility of the owner/competitor.

2.3.2 The establishment of these sailing instructions nor the inspection of a sailboard by the organizer in no way limits or reduces the absolute responsibility of the owner/competitor for his/her sailboard and the management thereof.

2.3.3 The Organizers, the Committees and their Members that represent them, whatever their functions, organize, promote and manage these regattas in the understanding that neither the Organizers nor their representatives nor the Committees nor their employees accept any kind of direct or indirect responsibility for damages, loss, injury nor any other type of inconvenience that may be caused during these events or during the preparation thereof, be they caused to persons or objects while afloat or on land, before, during or after the events, through negligence

or malice of third parties or persons related or not to the above mentioned Organizers, their representatives or the Committees or their employees.

Consequently none of the Organizers will be responsible for the disappearance of objects, be they part of the equipment of the sailboards, or belongings of their crew, or third parties related to the competitors through sporting, commercial, social or family interests.

Furthermore, and in this respect, it is understood that all competitors and owners of sailboards that may compete or intend to compete agree to hold the Organizers, the Racing Committees and their personnel and representatives exempt of this responsibility during the regatta and connected activities.

It shall be the sole responsibility of each competitor to decide whether or not to start or to continue to race, in accordance with Fundamental Rule B, International Yacht Racing Rules.

2.4 Measurement

2.4.1 It is the responsibility of each owner/competitor to ensure that his/her sailboard and equipment conform to the current and relevant Class rules.

2.4.2 Measurements and equipment checks may be made throughout the regatta at the discretion of the Race Committee or Jury.

2.4.3 The Race Committee may check the first five sailboards and their equipment in each category after each race. The concerned competitors shall convey their boards and equipment to the "measurement boat" flying a white flag with the letter "M" immediately after having finished the race. All competitors notified of the requirements to be measured shall follow the instructions of the crew of the measurement boat and proceed directly to the measurement area. A competitor so notified shall not leave the measurement area without the permission of the measurers. Failure to comply may result in disqualification.

2.4.4 All equipment a competitor intends to use during the regatta, within the limitations of equipment allowed in the appropriate Class rules, must be stamped before the start of the first race.

2.4.5 IYRR 19.1 shall not apply.

2.5 Classes and Categories to race

2.5.1 Classes and Categories to race are:

A - Olympic Lechner A 390 Class

a) Olympic Lechner Class Men  
b) Olympic Lechner Class Women

B - International Raceboard Class

a) Raceboard Class Men lightweight: competitors whose weight is less than 75 kg  
b) Raceboard Class Men heavyweight: competitors whose weight is greater than 70 kg

c) Raceboard Class women

2.5.2 Competitors may compete in only one category. Each competitor shall declare his/her category at registration and may not change it thereafter.

2.5.3 The weight of a competitor in the Raceboard men category may be checked at any time after two hours prior to the scheduled starting time of the first race of the day, until the end of protest time for the last race of the day. Any competitor not complying with his weight category shall be scored as DND.

### 3. NOTICES TO COMPETITORS

3.1 Notices to competitors will be posted on the Official Notice Board located on the wall of the marina master's office. The official tally board will be located near the storing place for the boards.

3.2 All postings shall constitute official notice to each competitor who shall consult the Official Notice Board.

### 4. CHANGES IN SAILING INSTRUCTIONS

4.1 Any change to the Sailing Instructions shall be posted at least one and a half hours prior to the first scheduled start of the day for the category or categories concerned.

4.2 Notices affecting the schedule of the races shall be posted prior to 1900 hours of the day before they take effect, or within the time limit for protest, whichever is the later.

### 5. SIGNALS

5.1 Signals made ashore:

5.1.1 Signals made ashore will be displayed at the head of a flagpole in the marina.

5.1.2 Personal buoyancy: I.C. flag "Y" (life jacket signal) displayed at least one hour before the schedule starting time of a race (or races concerned) means: "Each competitor shall wear IBSA required personal buoyancy".

If personal buoyancy is prescribed, every competitor shall wear, above the waist, a jacket, harness or vest with a minimum buoyancy of 4 kg uninflated, in fresh water. The buoyancy shall be tested with a metal weight of 4 kg, which shall remain supported for a minimum of 5 minutes.

The competitors shall wear the personal buoyancy from the time they leave shore until returning to shore after the race(s).

Failure to comply may result in disqualification from all the races concerned.

5.1.3 I.C. flag "AP" (Answering Pendant) with two sound signals means: "Racing is postponed. Do not leave the shore." If the postponement signal "AP" does not apply to all categories, the race area flag and/or class flag(s) will be displayed over the "AP" (alteration of

IYRR 4.1). The warning signal will not be made less than 45 min. after I.C. flag "AP" is lowered.

5.1.4 I.C. flag "D" means: "There is a search and rescue operation in progress, or dangerous winds are forecast. Any competitor going afloat does so at his/her own risk."

5.2 Signals made afloat:

5.2.1 I.C. flags "N" over "AP" displayed on a Race Committee boat, with 3 sound signals, means: "The race(s) is(are) postponed or abandoned. Competitors shall return to the beach as quickly as possible. Further instructions will be displayed as per S.I. 5.1 (Signals made ashore)."

5.2.2 I.C. flag "L" displayed on the Race Committee boat at the finishing line means (alteration to IYRR 4.1 "L"): "There will be another race as soon as possible."

### 6. SCHEDULE OF RACES

Races are scheduled as follow:

Aug. 11th: Racing for all competitors. First possible start: 11.00 hours.

Aug. 12th: Racing for all competitors.

Aug. 13th: Racing for all competitors.

Aug. 14th: Racing for all competitors.

Aug. 15th: Racing for all competitors.

Aug. 16th: Racing for all competitors. The first warning signal for the start of the last race on the final day of the regatta will not be made after 14.00 hours.

A warning signal will not be made prior to 10.54 hours on any racing day.

### 7. CATEGORY FLAGS

The flags for the different categories are:

7.1 Olympic Lechner A-390 Class:

a) Women: Lechner emblem on a white flag with a pink border.

b) Men: Lechner emblem on a white flag with a blue border.

7.2 International Raceboard Class:

a) Women: Raceboard emblem on a white flag with a pink border.

b) Lightweight: Raceboard emblem on a white flag with a blue border.

c) Heavyweight: Raceboard emblem on a white flag with a black border.

### 8. RACING AREAS

8.1 The different classes shall race in two areas. The appropriate location of each area is indicated in Appendix 1 (chart of racing area), attached.

8.2 Committee and mark boats will fly the following

flags:

8.2.1 Lechner racing area: Fluorescent purple flag (Alfa Course).

8.2.2 Raceboard racing area: Fluorescent pink flag (Bravo Course).

## 9. THE COURSE

9.1 The Lechner Class will sail on the Olympic Lechner Course as shown in Appendix 2.1.

9.2 The Raceboard Class will sail the "M" Course as shown in Appendix 2.2.

9.3 The S.I. Appendix 2 illustrates the courses. The diagrams show the courses, including the approximate angles between legs, the order in which marks are to be rounded or passed, the side on which each mark is to be left and the approximate course length.

9.4 The length of each leg of the course and the angles between legs may be adjusted by the Race Committee to suit existing wind conditions.

9.5 Shortening courses: Courses will be shortened as prescribed in S.I. Appendix 2.

9.6 After the start, the Race Committee may shorten or abandon the race if the average speed of the wind drops below 6 knots during a significant period.

## 10. MARKS

10.1 Marks 1, 2, 3, 4 and 5 will be:

Alfa Course Marks: big orange cylindrical inflatable buoys

Bravo Course Marks: small bright green cylindrical inflatable buoys

10.2 New marks:

When a course change is made as per S.I. 14 the new marks shall be big yellow cylindrical buoys on course Alfa and small orange cylindrical buoys on course Bravo. If there is a further course change the original marks will be used.

10.3 Start and Finish Marks:

10.3.1 The start marks shall be staffs with red flags.

10.3.2 The finish marks shall be staffs with blue flags.

## 11. THE START

11.1 Starting procedure:

Races will be started in accordance with IYRR 4.4 (a), system 1, except that:

Start - 6 min. = Warning Signal: Category flag(s) hoisted.

Start - 3 min. = Preparatory Signal: I.C. flags "P" and "I" hoisted.

Start - 1 min. = One Minute Signal: I.C. flag "I" lowered, accompanied (if possible) by a different sound signal. Start = Starting Signal: Category flag(s) and I.C. flag "P" lowered.

11.2 Starting line

11.2.1 The starting line will be situated to leeward of mark 5.

11.2.2 The starting line will be the line between a staff bearing the course flag on the Race Committee boat displaying a flag with the letters "R.C" at the starboard end, and a staff bearing the course flag at the port end.

11.3 A sailboard whose warning signal has not been made shall keep clear of the starting area and of all sailboards whose warning signal has been made.

Competitors disobeying this rule or otherwise obstructing racing competitors will be subject to disqualification from their next race.

11.4 Minimum wind speed

11.4.1 The warning signal will not be given until the wind velocity in the starting area is over 6 knots for a minimum of 4 minutes.

11.4.2 If the wind velocity drops below 6 knots during the starting procedure the start shall be postponed.

11.4.3 The wind velocity shall be recorded by the race committee and the decision to display the warning signal and proceed with the starting procedure shall be made by the race committee whose decision shall not be subject to protest.

11.5 One minute rule

Except when the "sudden death one minute rule" is in force, all sailboards sailing within the triangle formed by the starting line and the windward Mark during the last minute prior to her start, shall return to the prestart side of the line by crossing one of the start line extensions and then start (alteration of IYRR 51.1 (c)).

11.6 "Sudden Death One Minute Rule":

11.6.1 At the discretion of the Race Officer, but not before the first general recall, the "sudden death one minute rule" may be introduced.

11.6.2 The signal for this rule will be a "black flag" which will be displayed before the warning signal. The beginning of the last minute will be indicated according to S.I. 11.1.

11.6.3 The "black flag" means:

"When any part of a board, crew or equipment is identified by the Race Committee sailing within the triangle formed by the starting line and the windward mark during the last minute before the start, the concerned sailboard(s) shall be disqualified."

"Acknowledgement Form" available at the Race Office, at least 15 minutes before protest time ends.

## 18. PROTESTS

18.1 On the water: In alteration of IYRR Appendix II, 5, a sailboard that finishes and intends to lodge a protest must inform the Race Committee boat at the finishing line, immediately after the finish and indicate, if possible, the sail number of the board(s) she intends to protest.

18.2 Protest time:

Protests shall be written on forms available at the Race Office, and lodged there within 1 hour after the time of the first sailboard's finish in the last race of the day for the concerned category.

18.3 Time of hearings

18.3.1 The Jury will hear protests as soon as possible in approximately the order of receipt.

18.3.2 Protest notices will be posted on the Official Notice Board within 30 minutes of the protest time limit to inform competitors when and where there is a hearing, in which they are parties to a protest, or named as witnesses

18.4 Decisions of the International Jury will be final in accordance with IYRR 1.5(a)

18.5 Re-opened hearings:

No protest hearing may be re-opened after the expiry of "protest time" on the day of the last scheduled race.

Any request for redress, lodged after Jury hearings are completed for the regatta, will not affect the prize giving ceremony.

## 19. SCORING

The Olympic Scoring system, Appendix 5, 1 and 4 of the IYRR shall apply, except that:

19.1 There shall be a maximum of ten races.

19.2 Each sailboard's total score will be the sum of her scores for all races excluding the worst score in accordance with IYRR 74.5(c) when it applies.

19.3 If four races are sailed all shall count

19.4 If ties remain after applying IYRR appendix 5, part 1.3, the winner will be the competitor who has the best result in the last race of the event, or in the previous race if both are equal in the last one.

19.5 Four races shall be completed to constitute a championship.

## 20. PROPULSION

20.1 Sailboards violating IYRR 54 may be protested on the water by the Jury (alteration of IYRR 74.5(c) and IYRR 70.1).

20.2 The Jury may notify the protested sailboard as soon as practical by hail from the Jury accompanied by a sound signal and the display of a yellow flag.

20.3 When the Jury protests a sailboard on the water the sailboard may accept that it has infringed IYRR 54 by:

20.3.1 on first offence in the regatta, performing the 720 degrees penalty in accordance with IYRU Appendix 2, 6.1

20.3.2 on second offence in the regatta, perform the 720 degrees penalty as in 20.3.1 above, plus receive a 20% penalty as IYRR Appendix 3, 2.

20.3.3 On the third offence in the regatta, the sailboard shall retire immediately and receive a DND

20.3.4 On the fourth offence in the regatta, the sailboard shall retire immediately from the regatta

20.3.5 If a sailboard does not accept the penalty it may continue in the race and be subject to the provisions of IYRR 70.1(b).

20.4 When the Jury is unable to inform a sailboard of its intention to protest a violation of IYRR 54 on the water, it shall be awarded DSC rather than DND for its first and second offence. On the third offence the sailboard shall receive a DND and on the fourth offence the sailboard shall be scored DND for the remainder of the regatta.

20.5 For Raceboard Class categories IYRR 54 is replaced by: IYRU Appendix 2, 8.2

## 21. SAFETY OF THE COMPETITORS

21.1 Tally System

21.1.1 Competitors shall be issued a tally by the beachmaster at the time they leave the beach.

21.1.2 The tally shall consist of a numbered wrist band to be worn at all times on the water.

21.1.3 The tally shall be deposited in a box labelled "Tallies" provided by the beachmaster upon return to shore.

21.1.4 Failure to comply with 21.1 may result in disqualification by the Jury.

21.2 Retiring

Any competitor retiring from the racing area before finishing a race shall:

21.2.1 Inform any R.C. boat, if possible, or

21.2.2 On returning ashore, immediately comply with 21.1.3.

21.2.3 Failure to comply with S.I. 21.2 may result in a penalty at the discretion of the Jury

11.6.4 Competitors disqualified according to S.I. 11.6.3 will not be allowed to start in any subsequent restart(s) for the same race, even if the concerned start(s) is(are) given another day (alteration of IYRR 8.2(b), 12(a) and (b) and 71.1)\*.

11.6.5 The Race Committee will try to inform those sailboards disqualified as per S.I. 11.6.4, and to stop them as soon as possible, if they have started. The concerned competitors shall immediately retire from the course area.

Any sailboard listed shall immediately leave the starting area and the racing areas unless it promptly notifies the R.C. of its intention to lodge a request for redress under IYRR 69 and before the end of protest time lodges a request for redress. Any sailboard continuing to race without lodging a request for redress may be subjected to a hearing under IYRR 75.

11.6.6 A sailboard may not claim redress under IYRR 69(c) because it was forced to infringe IYRR 51.1 by any sailboard infringing the rules of IYRR Part IV.

11.6.7 After a general recall the numbers of sailboards disqualified as per S.I. 11.6.4 shall be displayed on a blackboard on the R.C. boat.

11.7 Starting time deadline: A sailboard shall not start later than 6 minutes after its starting signal.

## 12. RECALLS

12.1 Individual recalls: Will be signalled in accordance with IYRR 8.1, excluding "or its extensions".

12.2 General recalls

12.2.1 They will be signalled in accordance with IYRR 8.2

12.2.2 When a general recall has been signalled, a new warning signal will be given not less than one minute after the lowering of I.C. flag "First Substitute" (alteration of IYRR 4.1).

12.2.3 When a general recall has been signalled, the succeeding start(s) for the same and/or for different class(es) will be given at the discretion of the R.C.

## 13. MARK BOATS

13.1 Mark boats may be stationed beyond each mark.

13.2 Each mark boat may display a flag corresponding to the colour of the course.

13.3 Failure of a mark boat to be on station or to display her signal shall not be grounds for redress.

## 14. CHANGE OF COURSE AFTER THE START

14.1 In the case of a significant shift in the direction of the wind after the start, the Race Committee may

change the course.

14.2 When changing the course after the start, the race committee will lay a new set of marks and will lift the original marks as soon as practicable.

14.3 A change of course will be signalled near the mark beginning the leg being changed. The race committee boat will be:

a) flying I.C. flag "C" together with either a green or red painted board indicating that the new bearing of the next leg lies either to starboard or port of the previous mark and,

b) drawing attention to this signal by making intermittent sound signals.

The change will be signalled before the leading board has begun the new leg, although the new marks may not yet be in position.

14.4 Competitors must pass between the mark and the Race Committee boat displaying the course change signals nearby, and then proceed directly to the next mark. This Race Committee boat is considered a mark (alteration to IYRR 51.2)

14.5 If a substantial windshift occurs and it is impossible to correct the course, the Race Committee may decide to abandon the race.

## 15. THE FINISH

The finishing line will be between a staff displaying a blue flag and the colour of the course area on the Race Committee Boat at the leeward end, and the finishing mark at the windward end.

## 16. TIME LIMIT

16.1 Time limit for the first finisher: "Lechner Olympic Course": 2 hours. - Shortened "Lechner Olympic Course": 1 hour 30 min. - "M Course": 2 hours. - Shortened "M Course": 1 hour 30 min.

"Shortened course" time limits apply only when I.C. flag "S" is displayed on the Race Committee boat prior to the warning signal (as per S.I. Appendix 2)

16.2 A sailboard finishing within the time limit shall make the race valid for all those sailboards in its Category finishing within 30 minutes after the finishing time of the first sailboard. All other sailboards which have started shall be scored DNF except those who are disqualified or have retired.

## 17. ALTERNATIVE PENALTIES

17.1 The 720 degrees penalty, Appendix 3, 1 of the IYRR as modified by Appendix 2, 6.1 will apply.

17.2 In alteration of IYRR 52.2(a), the exoneration of IYRR 52 ("Touching a mark") shall be made in accordance with IYRR Appendix 2, 6.1.

17.3 A sailboard that acknowledges an infringement by doing a 720 degrees penalty shall complete an

#### 21.4 Distress signal

a) If assistance of the rescue or committee boats is required, this will be indicated by waving both arms from horizontally to vertically.

b) If capsized and no help is required this shall be indicated by showing a closed fist to the boat(s) approaching.

### **22. SUPPORT BOATS**

22.1 Except for the Race Committee boats and Jury boats, all boats must stay 100 metres outside of an imaginary line drawn between all the outside marks of the course, including the Committee boat, with the exception of urgent or imperative safety reasons, from the "preparatory signal" until the last competitor on the course has finished.

22.2 The penalty for failing to comply with the requirements of 22.1 may be the disqualification of all sailboards associated with the infringing support personnel.

22.3 Support personnel are required to register with the race committee prior to the first scheduled race providing details of their boats and distinctive identification.

### **23. RADIO COMMUNICATION**

A sailboard shall neither make radio transmissions whi-

le racing nor receive special radio communications not available to all sailboards.

### **24. PRIZES**

24.1 Prizes will be awarded to the competitors placing in the first five positions.

24.2 Medals will be awarded to the competitors placing in the first three positions.

### **25. OFFICIAL LANGUAGE**

The official language is English. In case of doubt, the english version of the IYRR and all official notices including these S.I. will prevail.

### **26. DOCUMENTS**

The following documents shall also have status of Sailing Instructions:

Appendix 1: Racing Areas

Appendix 2: Course diagrams

Appendix 3: Facilities ashore

Appendix 4: Measurement Instructions

## COURSE TYPE 2: RACEBOARD "M" COURSE

### 1. Course

Starting line (S.L.)  
 1-2-3-4-5  
 1-2-3-4-5  
 1-2-3-4  
 Finishing Line (F.L.)

### 2. Shortening the course

#### 2.1 At the starting line:

I.C. flag "S" displayed on the Race Committee boat before the warning signal means: "Sailboards shall sail the following shortened course:

Starting Line (S.L.)  
 1-2-3-4-5  
 1-2-3-4  
 Finishing line (F.L.)"

#### 2.2 After the start:

2.2.1 At mark 1, 2 or 3 I.C. flag "S" displayed means: "Finish between the rounding mark and the Committee boat displaying I.C. flag "S" and a blue flag".

2.2.2 I.C. flag "S" displayed at mark 4 means: "Sail directly to the Finishing Line (F.L.) as prescribed in the Sailing Instructions for sailing a normal course."

2.2.3 The course will not be shortened at mark 5.

#### 2.2.4 Minimum course:

The Minimum course to validate a race is:

Starting Line (S.L.)  
 1-2-3-4-5  
 1-2-3-4  
 Finishing line (F.L.)"

### 3 Rounding the marks

Marks 1, 2, 4 and 5 are to be left to port. Mark 3 is to be left to starboard.

